MANUSCRIPT PREPARATION

General
All submitted manuscripts must be written in English and should be typed on paper of standard size, text preferably adjusted at 10 to 12 points and with margins of at least 2.5 centimeters on all sides. The material should be double-spaced, including captions, legends, references, and so forth. Pages must be numbered. Printed submissions should contain high-quality reproductions. Online submissions should be generated in one of the following file formats: Word, PDF, Tex, RTF. The text should be checked carefully to minimize changes in proofs. If your manuscript is accepted for publication then a proof will be sent out to the corresponding author. The RDS does not assume responsibility for orthographic errors after proofs are returned from the author(s) or if proofs do not return within a reasonable period of time. When you return the proof, an electronic version (an attachment to an e-mail or on floppy disc or CD if sent by post) of the corrected manuscript must be sent along with the proof if not sent along with the initial submission.

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The title page should contain the following elements in the following order:
Title of the paper. The title should not have subtitles or non-standard abbreviations and should not exceed 20 words.
Author(s) names with full first and last names (without qualifications).
Affiliations of all authors and institutions/addresses where work was performed.
E-mail address and phone number of at least one author to whom correspondence and reprint requests are to be addressed.
Information on institutional or corporate funding sources and acknowledgements of any kind.

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The abstract page should contain a maximum of 10 Medline keywords and the abstract of the paper. The author(s) should write the abstract as a short and separate essay conveying the main objectives, methods, results and conclusions of the paper in order to allow the general readership to gain insight at a glance and to follow easily. The abstract should have not more than 250 words. Please avoid the use of abbreviations and references generally in the abstract if possible. If you prefer to use abbreviations, spell out expressions completely (even if they are considered to be standard) and indicate the respective abbreviations in parentheses when you use them for the first time. Thereafter you may use the abbreviation throughout the article.

Length of Manuscripts
Original full-length research manuscripts (such as clinical trials, laboratory research, etc.). The pure text without abstract, figures, tables, references and legends should not contain more than 7500 words. References, tables, figures and legends are without restrictions. However, authors are asked to restrict the number of references to those essentially necessary for citations and further reading. Illustrations should be used for the reader’s benefit to assist understanding of the paper’s main statements and results.
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Articles in column “Diabetic Perspectives” may have approximately 3500 words, two tables of figures, and thirty references.
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Abbreviations
Authors should only use standard abbreviations without further definitions within the text (not the abstract). See paragraph ‘Abstract page’ for further information on the use of abbreviations within abstracts. Abbreviations for expressions and units are considered to be standard if they are consistent with the RDS’ approved list, available on http://www.socbdr.org/content/e4/e18/e192/index_en.html. Non-standard abbreviations must be written out in the text passage where used for the first time. After first use, non-standard abbreviations may be used throughout
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Footnotes should not appear in the text. They are only accepted on the front page for the author's affiliation information and within tables. Use numbers for the assignment of affiliations to authors and letters for tables.

Figures and Tables
Please provide figures and tables as high quality printouts or photographs on separate sheets. The preferred positions of any figures and tables should be indicated in the text. Figures and tables should also be indicated by Arabic numerals in the legend below the items and when cited in the text starting with '1' for each category (e.g. Table 1, Table 2, Figure 1 etc.). Tables should be self-explanatory and should only contain a short title and a legend if necessary. Figures may be featured with an explanatory text in the legends. A maximum of 250 words should not be exceeded for each legend. Figures must not be larger than 17.2 x 21.5 cm (width x height). They may be black and white, or color. However, decorative coloring and boxes around the figures should be avoided. Figures should be provided as separate files in EPS, TIF, BMP or JPG format (preferably 300 dpi) when the paper has been accepted for publication at the latest.

References
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Michael Wenem
Managing Editor
For the RDS Editorial Board
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